



*Newcomer's Orientation – 14th
Texas Hold'em Tournament – 17th
Camp Zama Community Night – 23rd*

“See the Bugle for the advertisement”.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Every other hour on the half hour, the Zama Teen News crew airs coverage on the latest events and interviews on channel 12, the MWR TV channel. Our January Bugle cover shows Daniel Sheahan, CYS Tech Lab Instructor and ZTN producer, teaching 15 year old 9th grader Ariel Habig the workings of the video camera used for filming the shows at the Community Cultural Center. Ariel is the ZTN editor and computer operator. ZTN, which is changed bi-weekly, helps the ZTN crew to gain knowledge and experience producing a teen news TV show. Daniel said that new members are always welcome to join the crew. Please see center page of this issue for more information.

Photo by Mr. Richard Haun.



“See the Bugle for the advertisement”.

A rmy Family Action Plan (AFAP) is celebrating 25 years of service to the community. To submit an AFAP issue, log onto <http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. The FY09 AFAP Conference will be held 10 - 12 March. For more information, contact the Community Life Officer at 263-8087.

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• Medical Morning Briefing

15 January, 8 - 11 am Camp Zama Community Club (right wing). Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care is available for attendees. Please contact Zama CDC at 263-4992 or SHA CDS at 267-6564 for reservations.

• Newcomers Train Class, Parts I and II

Part I: 15 January, 6 - 7 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 17 January, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family

members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy

16 January, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

MOBILIZATION AND DEPLOYMENT PROGRAMS 263-HELP (4357)

Please contact 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

• Pre-deployment and Operation R.E.A.D.Y. Training

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm. in the ACS Community Room.

• Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide various discounts throughout MWR facilities.

AER/FINANCIAL/EMPLOY- MENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-

NEWCOMER'S ORIENTATION

Wednesday, 14 January, 8 am - 3 pm

• • • Community Club (Right Wing) • • •

- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- "Taste of Japan" luncheon at the Camp Zama Community Club sponsored by KDDI (left wing).
- Mandatory for military and civilian personnel. Adult Family members are encouraged to attend.
- Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

MWR Commercial Sponsorship and the ACS staff thank our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls:

99 + 001 + Country Code + Area Code + Phone No.



made program to help achieve personal financial readiness through the use of sound money management. For more information, contact ACS at 263-5550 or 263-4357.

NOTE: Scheduled class days changed from Tuesday to Wednesday until further notice due to other class conflicts.

* 1st Wednesday each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

* 2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.

* 4th Wednesday of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

Units may also request classes. Requests should be in writing a minimum of two weeks prior to the class date (first come, first served). Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Checkbook Management, Credit and Debt, Large Purchases, Insurance, Investment /TSP, and Planning for Military Retirement. For more information, email: gary.wertz@zama.army.mil or phone 263-5550/4357

FAMILY ADVOCACY PROGRAM, 263-HELP (4357)

The Family Advocacy Program (FAP) provides services that focus on prevention of Family violence, child and spouse abuse. Per AR 608-18, the FAP is designed to break the cycle of abuse by identifying abuse as early as possible and providing treatment for affected Family members. The Army Community Service is the agency responsible for the overall management of the FAP. The FAPM administers and directs the installation FAP.

The Medical Treatment Facility, Behavioral Health and Social Work Service, legal advisors, law enforcement personnel, chaplains, and other installation staff work together to ensure Families receive needed services.

NPSP

New Parent Support Program

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC. (6 January Playmorning is cancelled).
- **Breast Feeding Support Group** for breastfeeding and weaning mothers is held 1st Thursday of every month, 9:30 - 10:30 am at ACS and the 3rd Monday of every month, 9:30 - 10:30 am at SHA CDC. (1 January Breast Feeding Support Group is cancelled).
- **Baby Bundles** information and supplies for new and expecting parents, and electric breast pumps are available by calling NPSP 263-8327 or emailing stacey.davis@us.army.mil.



The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police (MP) at 263-3002. Reports of domestic violence may be made on a restricted basis. "For the purposes of domestic violence restricted reporting, an oral, written or electronic communication of personally identifiable information related to a domestic abuse incident made by a victim to a victim advocate, the

supervisor of victim advocates, or to a health care provider, for the purposes of receiving medical care or information, referral to service providers, advice, or safety planning. Information provided in restricted reports will not be disclosed to command or law enforcement." (DoDI 6400.06). A spouse victim advocate is available through the Family Advocacy Program at ACS. For additional information about domestic

FAMILY ADVOCACY PROGRAM

January Workshop

Classes offered at ACS by Family Advocacy staff or the Military Family Life Consultant (MFLC) for the month of January include:



- **Deployment and Families**, 8 January, 3:30 - 4:30 pm
- **Stress Management**, 13 and 27 January, 5 - 7 pm
- **Anger Management**, 6 and 20 January, 5 - 7 pm
- **Commanders FAP Education**, 9, 16 and 23 January, 8 - 9 am (the mandatory briefing for commanders at all levels, unit commanders and senior enlisted advisers within 45 days after appointment to a command position (one session satisfies the requirement).
- **Stressing Meditation**, 5 and 12 January, 5 - 7 pm.

All classes are free and pre-registration is encouraged by contacting ACS at 263-8327. If you, your unit, or organization would like to schedule a class, workshop, or seminar on specific topics, please contact the Family Advocacy Program Manager at 263-4782.

violence restricted and unrestricted reporting or other Family Advocacy questions, please contact the FAPM at 263-4782.

• Sexual Assault Prevention and Response Program (SAPRP)

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4853 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4853 or 080-6772-6735.

COMMUNITY LIFE OFFICE 263-HELP (4357)

• **Army Volunteer Corps (AVC)**
Would you like to learn new skills, meet new people and explore new career fields? Would you like to

make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started!

This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not already have an account at www.myarmylifetoo.com, register for an account by going to the site and clicking on "register for an account". Once registered with www.MyArmyLifetoo.com, click on "Become a Volunteer" and select "Volunteer Registration". To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

The Key to your Army Journey and Pass Port to Power!

Did you know that you could earn promotion points from AFTB? If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that

you will be able to use throughout your military career. Come join us for our next AFTB Level II training on January, or go online at www.myarmylifetoo.org for Level I, II and III.

Remember that Soldiers in the rank of E-5 and below can receive promotion point for completing all three levels.

For more information or to register for upcoming training please contact the AFTB Program Manager at 263-8087.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps, directions and tourist information for the local area and for most military installations throughout Japan, as well as resource information on public, private, and voluntary agencies at Camp Zama. Resource information can also be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.up.pac.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school enrollment.

• English as a Second Language Class (ESL)

Every Wednesday, 1 - 2:30 pm. All levels. No pre-registration. (Class cancelled 7 January).

• Knitting and Crocheting Class

Every Tuesday, 9:30 - 11:30 am. (Class cancelled 6 January).

• Adult Japanese Class

Every Wednesday, 10 - 11 am, advanced level; 11 am - noon, beginner level.

• Children's Japanese Classes

Every Monday, 10:30 - 11:15 am and 11:15 - noon. (Class cancelled 5 January).

NOTE:

* All of the above classes are held at ACS, Bldg, 402.

* All classes are cancelled on US holidays.

Exceptional Family Member Program (EFMP)

Children and Food Allergies

**Friday, January 30, 2009
10 - 11 am at ACS, Bldg 402
Camp Zama**

**Presented by
Dolores Polaski from WIC**



"Sign up for this workshop by January 29th."
For more information or to register, please call 263-4572.

The Camp Zama EFMP is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

■ Youth Sports and Fitness • 263-5437/4066/5991

JANUARY SCHEDULE

Basketball registration ends on 16 January. In-line hockey and dodgeball season starts 10 January.

SWIM TEAM

The swim team sign ups for the spring will start in January. Contact the Zama Youth Sports and Fitness Office for more details.

VOLUNTEER COACHES

Youth Sports and Fitness is looking

for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437 or go to our web site at www.zamayouthsports.org. Once your application is accepted, you will be notified and be certified at the next coach's certification meeting.

OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you

are interested in officiating games for youth sports, please contact us at 263-5437.



■ School Age Services • 263-6317

SAS BEFORE AND AFTER SCHOOL PROGRAM

Parents!!! Start the New Year off with School Age Services. This is an affordable before and after school program for children ages 6 - 12. Each afternoon, Monday - Friday following snack time, children may play with friends, go outside, participate in organized activities, go to the computer lab, do homework with assistance from a qualified staff member, or attend a club activity.

REGISTRATION

To register your child or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

The School Age Services Program is serious about providing the highest quality of care for your children. To accomplish this goal, it is necessary to have frequent and good communication between the staff, management, and parents. Parents Advisory Council (PAC) is an opportunity for you to provide input and to have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 at 5 pm.

OPEN RECREATION PROGRAM

(Let's have some fun....)

Parents! Are you looking for programs that your school-aged children

can participate in? Children! Are you looking for things that will keep you active and outside the house? If so, then the OPEN RECREATION PROGRAM events are for you! All events guarantee fun! School Age Services is offering open recreation opportunities weekdays and Saturday afternoons for youths currently enrolled in grades one to six. Participation may be limited due to space availability, so give us a call (267-6013) if you'd like to join and have fun.

• Information for Open Recreation

* Youths are limited to ten hours of open recreation per month. Each youth must have an "Open Recreation" card to participate and must be registered with CYS.

* CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office (Bldg 533). Each card is issued for a specific month.

* Questions? Please call 267-6013 or 263-4743/4125/3397.

SAS JANUARY EVENTS

- Saturday, 10 - - - - - Snow Making Science Project (Open Recreation)
- Friday, 16 (half school day) - - - - - Jean Day
- Tuesday - Friday, 20 - 23 - - - - - Healthy Weight Week
- Friday, 23 (no School Day) - - - - - Chinese New Year Celebration
- Saturday, 24 - - - - - Snow Sculpture Project

SAS Program Hours

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
No School Day		0630 - 1800
Open Recreation	2nd and 4th Saturday	1300 - 1800

*** ATTENTION ***

On Monday, 19 January (Martin Luther King's birthday), SAS will be closed.

P

lease note that we are closed on the following days: 1 January (closed for the New Year's holiday), and 19 January (closed for the Martin Luther King, Jr. holiday).

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

YOUTH CENTER

• "6th Grade Happening"

16 January- Our monthly "6th Grade Happening" will be from 7 - 10 pm. The cost is \$2. Transportation will be provided from the SHA Commissary at 6:30 pm, and the Atsugi Theater at 6:15 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• PAC Meeting

20 January – Our monthly PAC (Parent Advisory Committee) meeting will be at the Zama Youth Center at 5:30 pm. We believe you're an im-

portant part of our youth center programs, and your input is important to establish or change youth center procedures and policies.

• U-Turn Program

This program is designed for youth to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The teen center is here for U! Join us Tuesdays and Thursdays evenings to form study groups, work together with your classmates, get help from staff and other volunteers, tutor classmates, get S.A.T tutoring/practice tests, and use this time to work on scholarships and other financial aid applications. There will be a return bus back to SHA for those youth who participate in the U-Turn Program.

COMPUTER LAB (263-8573)

• Lego Robot Factory

Registered members who are in 6th through 12th grades will meet on 14 and 28 January from 3 - 5 pm. Participants cooperate with adult mentors to create robots according to their own interest. Participants will start by using pre-existing instructions to build their robot, followed by a programming and

KEEP HEARING BEEPS! WHERE'S ALL THAT COMING FROM?

MIC NIGHT

Cost is \$3

Saturday, 17 January, 7 - 10 pm

For all youths in grades 8 - 12

Do you play guitar, write poetry, rap or just want to sing? Then, the Zama Youth Center has the program for you, an open mic night. Transportation will be provided from the SHA commissary at 6:30 pm, and the Atsugi Theater at 6:15.

For more information, please phone 263-4500.

SKI AND SNOWBOARDING

HAGURA SKI PARK
Friday, 12 January

HAKUBA 47/SKI RESORT
Friday, 23 January

The bus will depart the youth center at 4 am and will return at 9 pm. The cost is \$60 and includes free ski or snowboard rental, transportation and free instruction from a trained professional. You must go to Outdoor Recreation for free equipment rental 7 days prior to the trip. Sign up at the CYS Central Enrollment Registry Office. For more information, please call 263-4500.

investigation session that defines the blueprints for the robot's performance. For more information, e-mail to <http://www.zamayouthcenter.org/techlab/robotics.html>

• **ZTN Zama Teen News**

Join us on our very own news show. Club members in grades 6 - 12 will meet on 6 and 20 January, 3 - 5 pm. They will learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youth may join at any time. Volunteers are needed to help make this program a success. More information on our ZTN program can be seen at www.zamayouthcenter.org/ZTN (see center page for more detailed information).

• **Friday Night Game Night**

Attention!!! All registered youth center Gamers who are in 6th thru 12th grades. Join us on Friday nights (except on dance nights) from 6 - 10 pm for "Game Night" and battle it out with our popular Tank game and more. Prizes will be given out for the Top Dogs. For more information, <http://zamayouthcenter.org/techlab/gamenight.htm/>.

• **Changing Rooms**

Monday, 5 January, 3 - 5 pm.
Help the youth center change its look by participating in this cool

new program.

• **Yu-Gi-Oh Tournament**

Challenge your friends to a friendly competition of Yu-Gi-Oh, a card game. There will be prizes for all

participants and special prizes for 1st through 3rd place. If you are interested, please stop by the center on 26 January, 3 - 5 pm.

MOVIE AND SCREENPLAY TECH
Age groups are 10 - 13 and 14 - 18. All local winners will advance to the regional competition. Classes are from 3 - 5 pm and are as follows:

- 8 and 12 January: Screenplay Writing
- 19 January: Last day to work on projects




DIGITAL arts FESTIVAL

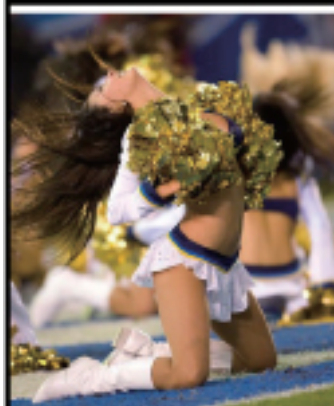
WEB TECH
Age groups are 10 - 12, 13 - 15 and 16 - 18. All local winners will advance to the regional competition. Classes are from 3:30 - 4:30 pm and are as follows:

- 22 January: Learn the basics of web page making
- 29 January: Learn to add hyper links and how to design and create files



For more information, please call 263-8573.

Monday, 2 February, 4:30 - 5:30 pm at Zama Youth Center



**SAN DIEGO CHARGERS
CHEERLEADERS CLINIC**

FOR WHOM: This is open to everyone - you do NOT have to be a cheerleader to attend. All intersted youth (and parents are welcome.)

EXTRA: After the clinic, get an autographed photo of the cheerleaders or take your own photo.



..... FOR INFORMATION, PHONE 263-4066 OR 5995

“See the Bugle for the advertisement”.

SHA CHILD DEVELOPMENT CENTER

• *Closed*

- * Thursday, 1 January
- * Monday, 19 January (Martin Luther King's birthday)
- *SHA CDC PAC Meeting* will be held on Thursday, 8 January, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center.

For more information, please phone Julia Sektnan at 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• *Closed*

- * Thursday, 1 January
- * Monday, 19 January (Martin Luther King's birthday)

• *Open*

- * Friday, 2 January, Zama CDC open from 7:30 am - 6 pm.

• *Welcoming the New Year of the OX*

5 - 9 January, all day events (arts and crafts).

• *Parent Advisory Meeting (PAC)*

Thursday, 15 January, 5 - 6 pm.

• *Martin Luther King Week*

20 - 23 January, children will learn

about his dreams and integrity. Art work will be displayed at the library.

For more information, please phone Miki Nihipali at 263-8081.

SHA Child Development Center

Parent's Night Out

Friday, 23 January, 5 - 11:30 pm

- Please provide emergency contact information and record of immunizations at the time of registration
- Limited space available.
- Must register one week in advance with CYS Central Enrollment Registry Office, Bldg 533.

Cost is \$20 per child, ages 6 weeks to 12 years.

A late dinner and evening snack will be provided.

For more information, call 263-4125.



広告掲載はぜひビューグルで

「ビューグル」はキャンプ座間、MWRマーケティング部が発行する月刊誌です。毎月初め3,500部の「ビューグル」が座間基地、相模原住宅、相模デポ、横田基地、横須賀基地、厚木基地、及び山王ホテル、赤坂プレスセンター、根岸住宅等の施設に配布されています。

広告主様より掲載後お客様が増えた嬉しい報告を受けております。私共の広告掲載料金は他のメディアより安く設定されておりますので、限られた予算の中で大きな効果を上げられると信じております。皆様もこの機会に是非「ビューグル」へ広告掲載をご検討なさってはいかがでしょうか。

詳しいお問合せはMWRマーケティング部までお願いします。(日本語、英語どちらでも可)

* チーフ、リチャード ハーン

電話 046-407-4721 (直通)

* スタッフ

電話 046-407-8994/3461 (直通)

“See the Bugle for the advertisement”.

R

eminder:

The Zama Golf
Course is closed on
New Year's Day.



■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

TOMODACHI DAYS ARE AS FOLLOWS:

- 9 January - Friday
- 16 January - Friday
- 23 January - Friday
- 26 January - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

TRADE-INS

You can trade-in your old clubs for

"instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 14 January, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

PAYDAY SCRAMBLE

Friday, 30 January, shotgun start at 11 am. FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARJ, supporting and tenant units and their Family members. Sign up on the intranet or golf course web site.



ANNOUNCING

"Velocity PureLaunch" launch monitor for personalized Club fittings.



Want to know your spin rate, launch angle, distance etc...? No more guess work. Launch monitor with two integrated Doppler-radar transceivers; patented technology; made in USA. Outputs: ball velocity, club head speed, carry distance, power transfer ratio %, launch angle, total spin, deviation, angle of descent, angle of attack, side spin, club face angle, angle of descent, trajectory graphics, shot simulation, club acceleration and deceleration, data and reports. Call Dale Jorgenson at 263-3694 to schedule your personalized club fitting session.

ATTENTION

GHIN Subscribers.



It is now time to renew your GHIN membership for 2009. All subscribers have been deactivated. Please pay the \$22 fee in the golf shop to activate your GHIN membership. The Junior fee for 2009 is \$14 (17 and under).

LUNCH

Mondays

- 5 Chicken Adobo
- 12 Lumpia, Fried Rice and Pancit Combo
- 19 No Lunch Special (Martin Luther King, Jr. holiday)
- 26 Sweet and Sour Chicken

Tuesdays

- 6 Blackened Fish Sandwich
- 13 Pita Pocket (Lemon Pepper Chicken)
- 20 Eggplant Sandwich (ala Noarma Style)
- 27 Chicken Po Boy

LUNCH

Wednesdays

- 7 Roasted Chicken / Roasted Potato
- 14 Pork Chop w/Apple Sauce
- 21 Roast Beef w/Au jus
- 28 Blackened Fish

Thursdays

- 1 Closed (New Year's Day)
- 8 Beef Taco Salad
- 15 Chicken Enchilada
- 22 Beef Fajitas
- 29 Chicken Fajitas

Fridays (2, 9, 16, 23 and 30 Janu-

LUNCH

ary)

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays

(No Daily Lunch Special)

Sundays

- 4 Chicken Parmigiana
- 11 Spaghetti w/Meat Sauce
- 18 Pork Cutlet w/Parmigiana
- 25 Chicken Tomato Stew w/Pasta

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TEXAS HOLD'EM TOURNAMENT

SATURDAY, 17 JANUARY
CZCC BALLROOM, STARTS AT 2 PM

PRIZES WILL BE BASED ON THE NUMBER OF PLAYERS **ADULTS ONLY**

Tickets purchased by 13 January \$40, after 13 January \$50
 Includes Buffet, Non-Alcoholic Drinks, & Prizes
 Sign up at the Cashier's Window
 For more information, call 263-4547



WATCH OUT FOR

Camp Zama

Community Night

SPECIAL EVENT

ADULTS ONLY

23 JANUARY, FRIDAY
 CZCC BALLROOM, 5 - 8 PM

FREE !!!

Hors d'Oeuvres, Prizes, and Entertainment
 For More Information, Call CZCC at 263-4547



We Need You Today!



Pictured left to right (front row): Isabella Espinoza, Amanda Cayton and Annette Thomas; pictured left to right (back row): Christian Cisneros, Tyus Berry, Ariel Habig, Rigina and Jennie Rice.

Zama Teen News (ZTN) is a program designed to teach youth participants job skills, equipment management, leadership, teamwork. Members run the production. They write the scripts in the Tech Lab, film the report in the studio, and edit the raw footage on the super computer. In addition, crew members assume other responsibilities when needed such as special reports (interviews).

Members interested in becoming a crew member must complete an application, a video broadcast parent consent form, and go through a training period. Once they have passed, they become a ZTN crew member. This gives them full access to the studio they may select any position (operator, editor, etc).

ZTN is a show that runs every two weeks. In the first week, crew members go through the stages of pre-production. The meetings, the crew members discuss upcoming events, positions, and new ideas for the show. They also review by laws once a month they are admitted. They also write scripts. Writing the scripts is a long process that needs careful planning. Crew members search for the news is about the Camp Zama Youth Center, but may also include outside information if there are special requests.

The second week consists of both the production and post-production stages. On Tuesdays from 3 - 5 pm, crew members are at the Cultural Center. This studio was offered to us to help our program. It also improves our partnership with the MWR Community Cultural Center. (camera, computer, lights, green screen, etc) belong to the youth center and its members. Crew members film most of the report in the studio. There will be some outside reports. After capturing the footage, it is taken back to the Tech Lab and edited on the super computer. Two members usually work on the final stage.

When the show is completed, it is posted on both the community channel and the youth center's website (www.zamayouthcenter.org) well known throughout the community. Each time we get feedback from the community it is always positive. Even outside the community. Army IMCOM Youth Specialist stated, "You guys are inspiring other people to do similar projects. You really set an example for other youth." (See page 8 for more information).

For more ZTN and other Zama Youth Center program information, please phone 263-8573/4500.

Camp Zama Youth Center



www.zamayouthcenter.org

www.zamayouthcenter.org/clubs/techclub.htm

ZAMA TEEN NEWS PROGRAM

Computer Lab



Tyus Berry is ready to read off the teleprompter. "Lights, Camera, Action!"



"Good take guys. Well, that's a rap!" Isabella and Tyus high five for a job well done.



"Christian anchors the sports segment. "And for your Sports!"



Jennie controls the teleprompter. "Is this a good speed?"



Z A M A I T T

Spring Escapade

ON SALE ABOUT JAN 15

APRIL 4 - 12, 2009

SPRING ESCAPADE TOURS ARE AVAILABLE FOR SIGN-UP SOON.

- Angkor Wat and Ho Chin Minh Discovery
- Taiwan Around Island Tour
- Best of China
- Discover Hong Kong & Macau
- Beach and City of Thailand
- Southern Trail of Australia
- Adventure Cairns
- Classic Vietnam



Call Zama ITT or check our website for more information.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>



■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

• *Intramural Bowling League*

Will start on Wednesday, 21 January, Entry deadline is Thursday, 15 January, 3:30 pm. Please sign up at the Yano Fitness Center (see detailed information on page 23).

• *Youths Adults Handicap League*

This 15 week program starts Saturday, 24 January, 11:30 am. Teams consist of 1 adult and 1 child. Youths must be able to keep their ball on the lane (no bumpers). Sign up now at the Zama Bowling Center.

• *Beginner Bowling Fun Club* for youths under 10 years of age. We need volunteer parents to assist with this program. Tentative start date is 31 January at 11:30 am.

• *Red Pin Bowling*

Every Wednesday in January get a strike with the "Red Pin" in the number 1 position and you win a free game.

• *Cosmic Bowling*

Every Saturday is Cosmic Bowling starting at 7 pm. Bring the Family for a night of lights, music, and a whole

lot of fun. Its \$7 for adults and \$5 for youths - unlimited bowling.

• *Get your frequent bowler "Strike Card"*

Every time you bowl during open bowl only and get a strike, we will stamp your card. When your card is fully stamped, you will receive 20 tokens and an entry to win a bowling ball. Drawing will be held every six weeks. The first drawing is

13 February. Start now and save up those strikes.

• *Family Time Bowling*

Free "Family Time Bowling, Thursdays at 3 pm thru closing.

HAVING A BIRTHDAY IN JANUARY?

Come in on your birthday with proof, and receive a 50% discount for any meal valued up to \$10.



Grand Opening
Zama Bowling Center Snack Bar

Have you been missing the "Oriental Chicken", "Zama's Philly" sandwich and our special "Lumpia"? Well, we're back. There will be a "Grand Opening" on 7 January, 4:30 pm. Come on in and check out our 1950's ambience and our expanded menu.

■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

LUNCHES

MONDAY

- 5 Cheeseburger
- 12 Chicken Taco Rice
- 19 Closed
- 26 Lasagna w/Garlic Bread

TUESDAY

- 6 Chicken w/Chili Sauce
- 13 Yakisoba, Fried Rice and Karage
- 20 Sweet and Sour Pork
- 27 Lounge Special
Chicken Cutlet

WEDNESDAY

- 7 Spaghetti w/Meat Sauce Casserole
- 14 Lasagna w/Garlic Bread
- 21 Beef Pot Pie
- 28 Teriyaki Hamburger Steak

THURSDAY (All-U-Can Eat)

- 1 Closed

LUNCHES

- 8 American Buffet
- 15 Chinese Buffet
- 22 Japanese Buffet
- 29 Mexican Buffet

FRIDAY

- 2 Closed
- 9 Fried Shrimp w/Curry
- 16 Steamed Chicken and Rice
- 23 Tuna Casserole
- 30 Chicken Tempura

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.95)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Pizza and Pasta Dinner
- 27 Regular Menu

DINNER SPECIALS

WEDNESDAY NIGHT

Family night movies for adults and youths 7, 14, 21 and 28 January. Regular dinner menu; choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 8 French Dinner \$20
- 15 Chinese Dinner \$20
- 22 Prim Rib Dinner \$20
- 29 Regular Menu

FRIDAY NIGHT

(MONGOLIAN BBQ)

Fridays, 9 and 23 January, enjoy the best Mongolian BBQ in town!!! Also, on 16 and 30 January we offer the regular dinner menu.



Cafe

Roberto is proudly serving Starbucks coffee all day. Enjoy sandwiches, salads, nachos, pizza and desserts with Family or friends. Also, a continental breakfast is available Tuesday - Friday, 7 - 9 am. Come join us!!! No food served after 10 pm.



■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Every Friday Night**
On Friday Night, 2, 9, 16, 23, and 30 January, "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**
On Saturday night, 3 and 10 January, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Top 40 Music**
15 and 18 January, 8 pm - midnight, playing your favorite Top 40 artist songs.
- **Old School Night**
Saturday, 17 January, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**
Saturday, 24 January, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.
- **Top 40 Music**
Saturday, 31 January, 8 pm - 2:30 am, in the Firelight Lounge, playing your favorite Top 40 artist songs.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95
Youths 8 - 12: \$6.95
Youths 4 - 7: \$3.95
3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 6 • Baked Lasagna
- 13 • Chicken a la King
- 20 • Beef Croquettes
- 27 • Spanish Chicken

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 7 • Sliced Cajun Roast Pork
- 14 • Pork Kushikatsu
- 21 • Tonpou Rou
- 28 • Pork Ginger

Thursday: (Rotisserie Chicken and vegetable of the day)

- 1 Closed
- 8 • Hamburger Steak
w/Mushroom Demi
- Spaghetti w/Meat Sauce
- 15 • Pork Green Pepper

THE WEEKEND HAS FINALLY ARRIVED

T G I F

EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)
CZCC FIRELITE LOUNGE, 4 - 10 PM

70'S & 80'S MUSIC FOLLOWED BY KARAOKE AND HIP HOP NIGHT
FROM 10 PM - 3 AM.
DRINK SPECIALS, LIGHT SNACKS, GOOD MUSIC, AND GOOD FRIENDS PROVIDED.

EVERYONE WELCOME
FOR MORE INFORMATION, CALL 263-4547

BINGO IS BACK!
Camp Zama Community Club
EVERY THURSDAY
CARD SALE AT 6 PM
EARLY BIRD GAME AT 6:45 PM
REGULAR GAME STARTS AT 7 PM
For More Information, Call 263-4547

CAMP ZAMA COMMUNITY CLUB HOLIDAY SCHEDULE	
1 January Closed
2 January	
* Cafe Roberto 1100 - 2200
* Cashier / Game room 1100 - 2200
* All other operations Closed
3 January	
* Cafe Roberto 1100 - 2200
* Cashier / Game Room 1100 - 2200
* All other operations Closed
4 January	
* Cafe Roberto 1100 - 2200
* Cashier / Game Room 1100 - 2200
* All other operations Closed

LUNCH

- Linguine Vongole
- 22 • Stuffed Pork Chop
- Spaghetti w/Meat Balls
- 29 • Beef Broccoli
- Spaghetti
- w/Chicken Primavera

Friday "Lunch Buffet" (soup and vegetable of the day, \$6.95)

- 2 Closed
- 9 • Chinese Chili Chicken
- Pork Chop Suey
- Fried Rice / White Rice
- 16 • Baked Meat Loaf
- BBQ Chicken
- Meat Doria
- 23 • Fried Mini Menchi Cutlet
- Chicken Curry
- White Rice
- 30 • Huli Huli Chicken
- Kalua Pork
- Yakisoba / White Rice

Saturday (No Lunch)

DINNER MENU

Sunday (limited menu) 5 - 9 pm

"One Steak for \$10 Night"

(Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights).

Monday - Closed

Tuesday

2 meals for \$15 and limited menu, 5 - 9 pm. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Thursday (limited menu) 5 - 9 pm

- "All You Can Eat Pasta, Pizza, Soup and Salad Bar" (no take out)

Adult: \$10.95

Youth 4 - 12: \$5.95

DINNER MENU

3 and under: Free

- 8 "Gridiron Challenge"
- 15 "Gridiron Challenge"
- 22 "Gridiron Challenge"
- 29 "Gridiron Challenge"

Friday "Chef's Special"

Regular Menu (5 - 10 pm)

- 2 Closed
- 23 Community Night

Saturday (regular menu 5 - 9 pm)

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

3 Closed

17 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

The cost for Mongolian BBQ at the CZCC is now \$0.75 per ounce.

CAMP ZAMA COMMUNITY CLUB

Dining Out

USA Dining Room

Tuesday Night Family Special
5 - 9 pm

Any Two Meals ~ \$15

Theme Menus - American, Chinese, Japanese, Korean, Mexican, etc.
*Menu changes every Tuesday.

*Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

*Sorry NO take-outs!

Mongolian BBQ

\$0.75 per ounce

Every Wednesday in the ballroom, 5 - 9 pm with modified menu. Reservations are welcome. (please call before 3 pm)

*USA Dining Room is closed.

Sunday Brunch

Open: 10 am - 1:30 pm

Adults: \$12.95 • 8 - 12: \$6.95

4-7: \$3.95 • 3 and under: free

USA Dining Room

Thursday "All You Can Eat"

Pasta, Pizza, Soup & Salad Bar

Adults: \$10.95 • Ages 4 - 12: \$5.95

Under 3 years old: FREE

*Regular menu is available.
Sorry, NO take-outs!

Saturday Night Special

Prime Rib

or

Prime Rib & Shrimp Scampi

*Our regular menu will be offered in addition to the above specials on Saturday night.

Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

EVERY SUNDAY STEAK NIGHT

One steak for \$10 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato.

*Modified menu will be offered on Sunday nights.
Sorry, NO take-outs!

“See the Bugle for the advertisement”.

ATTENTION

The Music and Theater Workshop will be closed from 1 February to the end of July 2009 due to renovations.

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:20 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have some experience and good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class,

or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

• **Koto Lesson**

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

• **Jazz, Ballet and Lyrical Dance** Monday

* Ballet I (ages 5 - 6): \$60
4 - 5 pm.

* Ballet II (ages 7 - 9): \$60
5:15 - 6:15 pm.

* Ballet III (ages 10 over): \$60
6:30 - 7:30 pm.

• **Creative Movement / Pre-Ballet** (ages 3 - 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

• **Jazz**

* Introduction to Jazz (ages 6 - 9): \$60

Wednesday, 4 - 5 pm.

* Jazz Technique (ages 10 over or by audition): \$60

Wednesday, 5:15 - 6:15 pm.

• **Taekwondo Class**

Monday - Thursday, 5:30 - 8:30 pm.

If you are interested in teaching a class please stop by the Community Cultural Center or call 263-8892.

The Community Cultural Center Needs:

- Theater production, sax, guitar and drum instructors.
- Community Drama Club members.



YANO FITNESS CENTER
3 POINT SHOOT OUT & FREE THROW COMPETITION

3 Point Shoot Out ~ 10:30 am
 Free Throw Competition ~ 1 pm
 Saturday, 31 January

***Applies to both events:**

- Open to all military personnel in the Camp Zama, Sagami Depot and Sagami-hara Housing Area, retirees, DoD/DAC, AAFES, Family members (18 years of age or older and not in high school), JGSDF, and MLC employees.
- Divisions: Men's and Women's
- No Fee
- Awards to First and Second Place Finishers.
- Entry deadline to register is 9 pm, Friday, 30 January. Please register at the Yano Fitness Center issue counter.
- Commander's Cup points will be awarded for this event.

**For more information, please call 263-4664/7980.*

T

he Yano Pool will be closed from 12 January - 5 February for annual maintenance. The tanning booths will remain open during this time.

■ Sports Fitness and Aquatics

263-3954 / 4664

DODGEBALL TOURNAMENT

There will be a dodgeball tournament, Saturday, 7 February, 10:30 am at the Yano Fitness Center. This will be a unit level competition. Open to all Military personnel in the Camp Zama, Sagami Depot, and Sagamihara Housing Area, retirees, DoD/DAC, AAFES, Family members (18 years of age or older and not in high school), JGSDF, and MLC employees. Please register at the Yano Fitness Center issue counter by Thursday, 5 February, 9 pm. Awards will be presented to the first and second place teams. Commanders cups points will be awarded for this event.

ZUMBA

Zumba classes are held on the second floor, Yano Fitness Center.

The schedule:

Monday and Wednesdays:

5:30 - 6:30

Tuesdays and Thursdays:

10:30 - 11:30 am

7 - 8 pm (new time)

Saturday:

10:30 - 11:30 pm

The cost is \$4 per class, \$36 for a 10 class card and \$68 for 20 classes. Zumba is a fusion of Latin and international music that creates a dynamic, exciting and effective cardiovascular aerobic workout.

TAI CHI

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday at 6:45 pm).

One session: \$6

4 session: \$20

TANNING BOOTH

The Yano Fitness Center has two tanning booths. Hours:

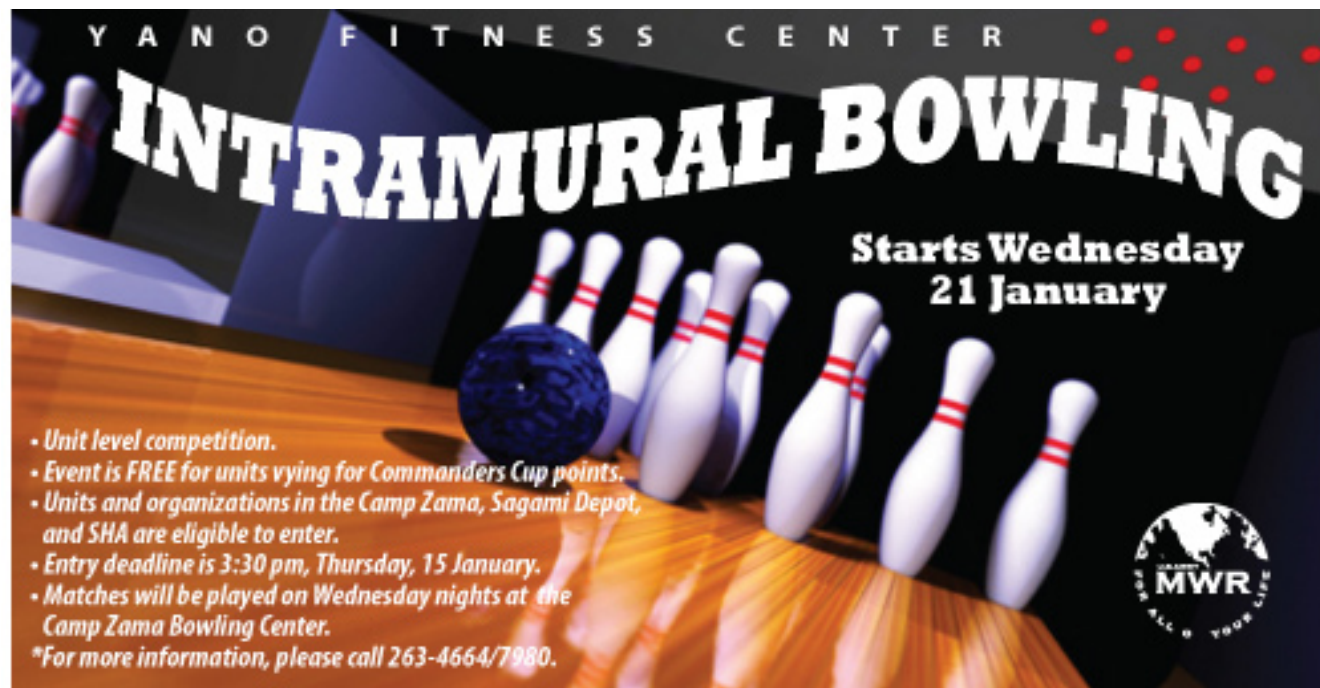
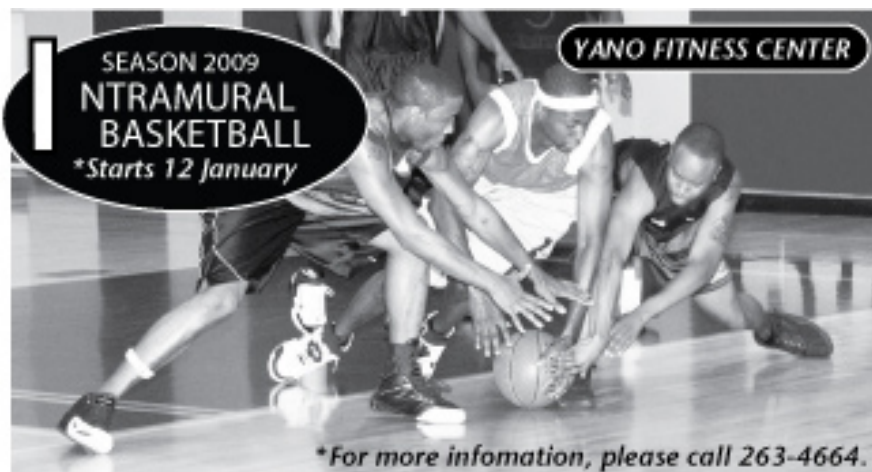
Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for



\$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

SOLARIUM RESERVATIONS

If you are considering a party in the solarium please submit a "Solarium Reservation Request" to the front desk at the Yano Fitness Center. Forms are available at Yano and can be e-mailed to you upon request.

MASSAGE

• Aqua Massage

Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old.

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

• Brian's Massage

Tuesdays: 6:30 am - 9 pm

Wednesdays: 5:30 - 9 pm

Thursdays: 6:30 am - 4:30 pm.

Cost:

Swedish Massage:

30 minutes: \$25

CLOSED FOR MAINTENANCE

• On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 8 am - noon.

• The jacuzzi, sauna, and steam room will be closed mid January until early February for annual maintenance.



60 minutes: \$45

Sports Massage:

60 minutes: \$60

90 minutes: \$85

Deep Tissue Massage:

60 minutes: \$60

90 minutes: \$85

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

AQUATICS

• Water Aerobics Program Days and Hours

Water Aerobics Classes:

Mondays, Wednesdays and

Fridays: 9 - 10 am

Aqua Jogger Class:

Tuesdays and Thursdays:

6 - 7 pm

See flyer for specific details and cost.

TRAINING RESERVATIONS (SWIMMING POOL)

If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique.

A

arts
and Crafts Cen-
ter needs: tole
paint, Washi-paper
crafts, digital
photography, and
sawing class
instructors.

■ Arts and Crafts • 263-4412

CLASSES

• Pottery Classes

* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included. A monthly class or three month classes are also available.

* Thursday class: 1st and 3rd Thursday, 6 - 8 pm, \$20 for a class, supplies are included.

* First Saturday of the month, 10 am - noon, \$20 for a class, supplies are included.

* Etsuke class (drawing for pottery) is also available 5 - 6 pm, \$10 a class.

• Scrap Book Classes

Thursdays at 2 pm. Cost is \$15 for a class. Supplies are included. Bring a few of your own photos.

• Water Color Painting Classes

Wednesday, 6 pm, \$15 for a class.

• Washi Paper Craft Workshop

Fee is \$10; supplies are available at the sales store (by appointment only).

• Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class.

• Ikebana (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$15 for a class, plus ¥1,000 (flower fee).

• Shodo (Japanese calligraphy class), Thursdays, 3 pm, \$10 for a class; includes all supplies.

• Wood Shop Orientation for DA 3031.

Saturdays: 10 am, no fee.

• Frame Shop Orientation

2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

NOTE: All classes require advance registration. Schedules are subject to change.



Balloon Shop

We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

For more information, 263-4412



New Year's Resolution with

KAKIZOME (Japanese Calligraphy)
Sunday, 11 January, 11 am - 1 pm at CZCC.
No advance registration required.

FREE

IKEBANA (Flower Arrangement)
Thursday, 22 January, 2 - 5 pm.
Participants have to register by Thursday, 15 January, at the Arts and Crafts Center.
Space is limited to the first 24.

For information and to register, please phone 263-4412.

■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
Wednesday - Friday: 1 - 9 pm
Saturday and Sunday:
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Saturday clean up starts a half hour before closing.
- Saturday and Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

HELPFUL HINT

Did you know that when your windows fog up in the winter time you can use the air conditioner to clear it up? Fogging of the windows is from the moisture in the air and the A/C will dry it up. All you have to do is turn the temperature up to stay nice and warm. Doing this will also help keep the A/C system in top running condition for the hot summer months.

SERVICES

• **Used Vehicle Courtesy Inspection**
We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

ATTENTION HARLEY DAVIDSON OWNERS

We are no longer able to order Harley Davidson oil and other lubricants (stop by and see what we have left).

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

CAR WASH

The Sagamihara Housing Area car wash is closed indefinitely due to damage. The Zama car wash can be accessed:

Monday - Tuesday:
8 am - 4:30 pm,

WANTED

MWR is looking for driver education instructors. If you are qualified, please contact the Zama Auto Craft Shop at 263-3615/3479.

Wednesday - Friday:

8 am - 8:30 pm

Saturday - Sunday:

9 am - 5:45 pm.

NOTE: Please note that during winter months it is advised that you use the car wash in the afternoon to let the machine warm up for optimal operating conditions.

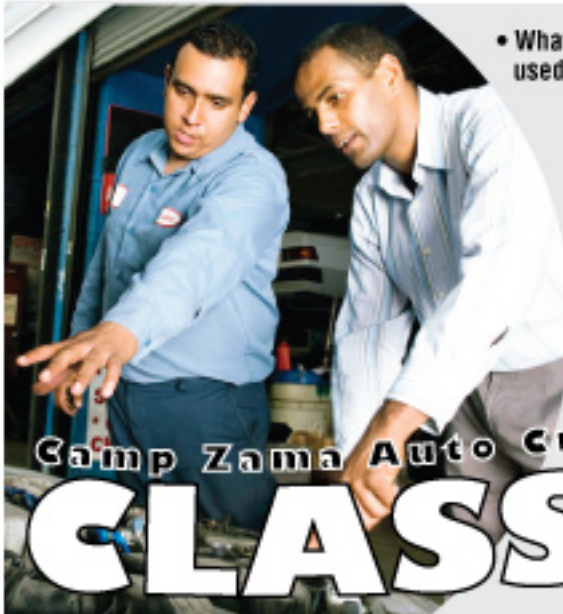
ZAMA Auto Craft

TOWING SERVICE AND ROADSIDE ASSISTANCE



We offer a towing service and roadside assistance
Wednesday through
Sunday during
regular Auto Craft
Shop hours of
operation.

Call for rates and more information, 263-3615



Camp Zama Auto Craft Shop CLASSES

- What to look for when buying a used car: 15 and 29 January
- How to change your antifreeze: 22 January

NOTE: Final day of sign up is the Friday prior to the class date. All materials and supplies are to be provided by the students. For sign up information, please call 263-3615.



n-Line Catalog.

Search our collection
from home or work at:
[http: www.yokotalibrary.
com/uhtbin/webzama/](http://www.yokotalibrary.com/uhtbin/webzama/)

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- Hour 1 First Believed by Lamb, Wally (Best-seller)
- Mercy by Morrison, Toni (Best-seller)
- Audacity of Hope Thoughts on Large Print by Obama, Barack
- John Lennon: The Life by Norman, Philip
- 2666: A Novel by Bolano, Roberto
- Good Woman by Steel, Danielle

- Ten Road to Rich by Fisher, Kenneth L.
- American Lion: Andrew Jackson in the White House by Meacham, Jon
- Flat Belly Diet! by Vaccariello, Liz

NEW DVDS

- 3 Penny Opera Drama
- Good Morning... Japanese Drama
- Samurai Spy Japanese Drama
- Hiroshima Mon Amour ... Drama
- Harakiri..... Japanese Drama
- Speaking Freely Documentary

■ Outdoor Recreation and Local Tours • 263-4671

THIS MONTH'S TOURS AND EVENTS

- **Lala Port Yokohama Shopping**
Sunday, 4 January, 9 am - 6 pm
- **Tsukiji Fish Market**
Saturday, 10 January, 4 - 10:30 am
- **Fujimikogen, Ski for Beginners**
Saturday, 10 January, 6 am - 7:30 pm
- **Tsumekizaki Narcissus Hike**
Sunday, 11 January, 6 am - 7:30 pm
- **Tokyo Auto Salon** **NEW**
Sunday, 11 January, 9 am - 6 pm
- **Sanrio Puro Land**
Saturday, 17 January, 9 am - 6 pm
- **Kawaguchiko Winter Fireworks and Wine Cellar**
Saturday, 17 January,
noon - 11:30 pm
- **Naeba Overnight Ski**
Sunday - Monday, 18 - 19 January

- **Muscle Park** **NEW**
Sunday, 18 January, 9:30 am - 6 pm
- **Iwappara Ski / Snowboard**
Saturday, 24 January, 4 am - 9 pm
- **Hamamatsu Sightseeing** **NEW**
Saturday, 24 January, 5 am - 9 pm
- **Flower and Bird Garden, Cave and Waterfall** **NEW**
Sunday, 25 January, 7 am - 6:30 pm
- **Big Fun Heiwajima** **NEW**
Sunday, 25 January, 9 am - 5:30 pm
- **Ise Sightseeing**
Saturday, 31 January, 2 am - 11 pm
- **Black Bass Fishing**
Saturday, 31 January,
7:30 am - 4:30 pm
- **Kunozan Strawberry Picking** **NEW**
Sunday, 1 February, 7 am - 6 pm
- **Gripna Land**

- Sunday, 1 February,
7:30 am - 6:30 pm
- **The 33rd Sumo Tournament**
Sunday, 8 February, 9 am - 7:30 pm
- **Cirque Du Soleil "Corteo"**
Friday, 13 March, 3:30 - 11 pm




**Better Opportunity
for Single Service Member**

MEETINGS

- **Tuesday, 13 January**
- **Tuesday, 27 January**

*All meetings are at 2 pm at the CCC.

Interactive Customer Evaluation



We are listening!

Please give us your

ADV ICE

Interactive Customer Evaluation

**Good or Bad, we'd
like to know!**

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.disa.mil/index.cfm>

CATHOLIC SERVICES

Mondays - Fridays, noon-12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel.

Sundays, 10:45 - 11:45 am, CCD and Adult Religious Education, Bldg 278 Religious Education Center.

1st and 3rd Thursdays, 6 - 7 pm, MCCW (Military Council of Catholic Women) Book Club, Zama Chapel.

4th Monday, 7 pm, MCCW Meeting, Zama Chapel.

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.

Sundays, 11 am, Children's Church.

Tuesdays, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDS, Bldg 502, during the time of Sunday services only).

Sundays, 9:30 am, Sunday School, Bldg 278, Religious Education Center.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel.

Sundays, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service).

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, Sagamihara Chapel.

Sundays, 9 am, Children's Church, Sagamihara Chapel.

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

SEVENTH DAY ADVENTIST SERVICES

1st and 3rd Saturdays, Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship

Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

JEWISH SERVICES

For information about Jewish Worship services and holiday events, please contact Sharon Goodman, the Camp Zama Jewish Lay Leader, at DSN 267-6190 or from off post, 042-869-6190, or write to sharon-rok@yahoo.com

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

Tuesdays, 7 pm, Tuesday Night Youth Service, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Travis Sommer, 267-6534.

CHURCH OF CHRIST

Sundays, 9:45 am, Sagamihara Family Housing Area, 301D.

For more information, call 267-6529 or e-mail slmerrell@yahoo.com

ONGOING BIBLE STUDIES

Tuesdays, 11:45 am - 12:45 pm, Community Lunch Bible Study, lunch is provided. Evangelical Ethics is the first book study. Topics covered include: abortion, environmental ethics, euthanasia, and other cultural issues. POC is Chris Wallace at chris.w.wallce@us.army.mil.

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Beth Alexander at 267-6155.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155.

CHAPEL ACTIVITIES IN JANUARY

January 1, New Year's Day Mass, Zama Chapel (Catholic)

January 23 - 25, Sagamihara Inspirational Service Community Wide Youth Revival.

Sagamihara Chapel Start time: Friday and Saturday 1 pm, Sunday morning 10:30 am and Sunday evening 6 pm.

The Zama Chapel community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.



FUTURE MAJOR MWR EVENTS

		LOCATION
02 February	Super Bowl Party	(CZCC)
14 February	Valentine's Day Dinner	(CZCC)
27 February	Payday Scramble	(CZGC)
28 February - 1 March	Bazaar	(CZCC)
07 March	SHALoop Run	(SHA)
10 - 12 March	AFAP Symposium	(CZCC)

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ Army Community Services 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097

Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch

■ AUTO CRAFTS SHOP 263-3615

Sun-Mon Closed
Tue-Fri 1300-2100
Sat 1000-1800
Open during lunch

■ COMMUNITY CULTURAL CTR 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800
Open during lunch

■ LIBRARY 263-3517

Zama
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671

US Holidays Closed
Vehicle/Equipment Rental & Local Tours
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-5656
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664
Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)

CYS Central Enrollment Registry Office
263-4125
263-4743

Mon-Fri 0800-1700

Family Child Care 263-4743
263-4125
267-6564

Sagamihara CDC 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ YOUTH SERVICES 263-4500

Zama Youth Center
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1200-1700

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk

263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE

Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTO CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING

Commercial Sponsorship 644-4495

■ SPORTS / FITNESS 644-4665

Sports / Fitness 644-4334
Aquatics 644-4389

■ OUTDOOR RECREATION

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

Kure Harbor Club

■ MWR Office 256-2580
256-2581

0800-1630
■ Outdoor Recreation 256-2575

0900/1700

■ Dining Room

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

■ Bar Mon 1630-2000
Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530



ZAMA'S GOT TALENT

**Friday, 6 February
CZCC BALLROOM, 6 PM**

**SIGN UP AT CZCC CASHIER'S WINDOW
ON OR BEFORE 3 FEBRUARY**

**OPEN TO ALL PERSONNEL: ACTIVE, CIVILIANS, AND LOCAL NATIONALS
ADULTS ONLY**

*We are taking applications for people who have any type of talent.
This is an open talent show. If you think that your skill is worth recognition,
then this is the event for you.*

- Talent must not be vulgar, demeaning or distasteful.
- Performers must be properly dressed.
- Performance must not contain any type of safety issues.
- Performers will supply all the equipment and music (preferably CD).
- Each act must not be longer than 5 minutes.
- Minimum of 10 performers required.

PRIZES:

- 1ST PLACE ————— \$ 250.00
- 2ND PLACE ————— \$ 150.00
- 3RD PLACE ————— \$ 100.00
- 4TH PLACE ————— \$ 75.00
- BEST IN SHOW ——— \$ 50.00

** All performers will receive 2 hours free usage of "The Boxz" Karaoke Room.**

COME AND VOTE FOR YOUR FAVORITE PERFORMER

FOR MORE INFORMATION, CALL 263-4547



2 FEB '09 (Mon) • Doors Open at 7 am – Kickoff at 8:15 am • Zama Community Club



"ADULTS ONLY"

XLIII

**SPECIAL APPEARANCE BY THE
"SAN DIEGO CHARGER"
CHEERLEADERS**



SUPER BOWL PARTY

IT'S ALL FREE including a fantastic breakfast buffet and delicious mid-morning snacks courtesy of the Camp Zama Community Club.

"COME EARLY"!!! THREE (3) DOOR PRIZES WILL BE GIVEN AWAY PRIOR TO KICKOFF. Also, the first 50 people in line receive a Budweiser t-shirt.

**** The entertaining **"SAN DIEGO CHARGER CHEERLEADERS"** will dance prior to kickoff and also at halftime. **BRING YOUR CAMERA**----the cheerleaders will be autographing their pictures and will also be available for photos.

SPECIAL DRAWING FOR MILITARY PERSONNEL

**** Two drawings will be held --- one for a "Queen" of the 2nd quarter, and one for a "King" of the 4th quarter. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive five(5) special prizes.**

PLUS, WIN GREAT DOOR PRIZES: (YOU "MUST" BE PRESENT TO WIN)

- ** Official NFL footballs with all 32 team logos** (courtesy of Coors)
- ** Golf packages (2) -** (golf bag, towel, cap, balls, putters & shoe bag) (courtesy of YES Golf and Kita Golf)
- ** Two (2) Nintendo Wii's** (courtesy of DYDO)
- ** Panasonic 32" flat screen TV** (courtesy of EURPAC)
- ** ¥5000 food coupons from OUTBACK & TGI FRIDAY'S**
- ** Two (2) NASCAR jackets** (courtesy of New Car Sales)

All winners receive an Outback "bloomin onion" coupon and three (3) Harley-Davidson 16 oz glasses.

PLEASE SEE THE FEBRUARY BUGLE AND TORII NEWSPAPER FOR MORE PRIZES.

GRAND PRIZE DRAWING:

Two (2) roundtrip airline tickets to Hawaii (courtesy of United Airlines) and two (2) tickets to the **NFL PRO BOWL GAME** on Sunday, 8 February. **Important: the winner should be prepared to depart on or about 6 or 7 February.**

For additional information, please phone 263-5995.



MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.

"See the Bugle for the advertisement".